



湖北工业大学
HUBEI UNIVERSITY OF TECHNOLOGY

Course Title	Introduction to Psychology II
Course Code	PSYC 1004
Semester	Winter 2026
Course Length	8 Weeks, 60 Contact Hours
Credits	4
Instructor	TBA
Office	TBA
Email	TBA
Prerequisite	N/A
Antirequisite	PSYC 1002 Introduction to Psychology II (5 Weeks)

Course Description:

Introduction to Psychology II is the second part of a survey course covering the major areas of psychology. Along with Introduction to Psychology I, it explores fundamental research methods, current studies across various topics, and key theories within the field. While Introduction to Psychology I focuses on areas like the history of psychology, research methods, the biological basis of behavior, sensation and perception, consciousness, learning, memory, and language, Introduction to Psychology II continues the survey of the field with explorations of psychological assessment, motivation and emotions, human development, personality theories, stress and health, psychopathology, psychological disorders, prosocial and antisocial behavior, therapy, and social psychology, and applied psychology.

Course Goals:

Students who successfully complete this course will demonstrate competency in the following general education core goals:

- **Critical thinking skills** – Students will engage in creative and/or innovative thinking, and/or inquiry, analysis, evaluation, synthesis of information, organizing concepts and constructing solutions.
- **Communication skills** – Students will demonstrate effective written, oral and visual communication.
- **Teamwork** – Students will demonstrate the ability to work effectively with others to support a shared purpose or goal and consider different points of view.
- **Social responsibility** – Students will demonstrate intercultural competency and civic knowledge by engaging effectively in local, regional, national and global communities.

Student Learning Outcomes:

Upon completion of this course, students will be able to:

- Understand and explain fundamental psychological terminology, as well as key aspects of major psychological concepts and theories;
- Critically evaluate information about human behavior, distinguishing between scientifically supported conclusions and those based on nonscientific reasoning;
- Demonstrate applied psychology research skills;
- Be able to describe and evaluate different types of psychological treatments;
- Be able to elucidate criteria used to judge abnormality and demonstrate an understanding of stereotypes related to psychological disorders.

Textbooks/Supplies/Materials/Equipment/ Technology or Technical Requirements:

Psychology: Themes and Variations, by Wayne Weiten, Doug McCann, Mark Holder, Nelson College Indigenous (2018)

Additional required readings (if necessary) will be announced later in class.

Course Requirements:

Attendance/Participation

Regular attendance and in-class participation. Missed classes and non-participation will result in a reduction of the mark.

In-class assignments

There will be 3 in-class assignments distributed randomly throughout the course. A grade of 0 will be assigned to those students who miss an in-class assignment (no exceptions).

Quizzes

The quizzes consist of multiple choice and short answer questions, which cover the assigned reading for that week. The goal of the quizzes is to encourage proper lecture preparation. Each quiz will take about 15 minutes to complete and start at the beginning of class. Students arriving later than 5 minutes from the start of the class or students who miss a quiz will receive a 0 on that quiz (no exceptions)

Academic Paper

You should choose a topic from the topic list available on the very first lecture that is relevant to the course and if uncertain, approved beforehand by the instructor. You are expected to follow the conventions of grammar, spelling, and punctuation. Arguments and content should be logical and coherent, supported by evidence from the literature or primary sources, and should always reference the author of such works. Written assignments should be word-processed and double-spaced.

Exams

The mid-term will be a multiple-choice exam and the final exam will be comprehensive. They both will take place during the regularly scheduled exam periods. The final exam will be 3 hours in duration and will contain multiple choice, short answer, and essay questions. To pass the course, students must achieve a passing grade of 60% on the final examination. A failed final exam will result in a

failed course. Alternate arrangements will not be made for students unable to write the final examination at the scheduled time/date unless exceptional circumstances prevail and the instructor has given approval in advance.

All evaluative components for this course are compulsory and must be completed in order to pass the course.

Assessments: Activity	Percent Contribution
Attendance/ Participation	5%
In-Class Assignments (3)	15%
Quizzes	20%
Paper	15%
Midterm Exam	15%
Final Exam	30%

Grading:

Final grades will be based on the sum of all possible course points as noted above.

Grade	Percentage of available points
A	94-100
A-	90-93
B+	87-89
B	84-86
B-	80-83
C+	77-79
C	74-76
C-	70-73
D	64-69
D-	60-63
F	0-59

Course Schedule:

The schedule of activities is subject to change at the reasonable discretion of the instructor. Minor changes will be announced in class, major ones provided in writing.

PSYC 1004 Schedule		
Lecture	Topic	Readings
L1	Introduction & Syllabus	---
L2	The Research Enterprise in Psychology	Wayne 1
L3	Intelligence and Psychological Testing	Wayne 2
L4	Sensation & Perception modules	Wayne 9
L5	Biology of Mind modules	Wayne 6
L6	Memory	Wayne 10
L7	Nature & Nurture; Learning modules	Wayne 11
L8	Human Drives modules	Wayne 8
L9	Human Development	Wayne 8
L10	Thinking, Language, & Intelligence	Wayne 10
L11	Personality: Theory, Research, and Assessment	Wayne 12

L12	Stress, Coping, and Health	Wayne 14
L13	MIDTERM EXAM	---
L14	Health-Impairing Behaviour	Wayne 14
L15	Psychological Disorders modules Psychological Disorders and the Law	Wayne 15
L16	Personality Disorders	Wayne 15
L17	Treatment of Psychological Disorders	Wayne 15
L18	The Elements of the Treatment Process	Wayne 15
L19	Insight Therapies	Wayne 16
L20	Biomedical Therapies Personal Application	Wayne 15
L21	Social Psychology	Wayne 13
L22	Social Behaviour	Wayne 13
L23	Applied Psychology	Wayne 13
L24	Review	---
L25	FINAL EXAM	---

Accommodation Statement:

Academic accommodations may be made for any student who notifies the instructor of the need for an accommodation. It is imperative that you take the initiative to bring such needs to the instructor's attention, as he/she is not legally permitted to inquire. Students who may require assistance in emergency evacuations should contact the instructor as to the most appropriate procedures to follow.

Academic Integrity Statement

Each student is expected to maintain the highest standards of honesty and integrity in academic and professional matters. The University reserves the right to take disciplinary action, up to and including dismissal, against any student who is found guilty of academic dishonesty or otherwise fails to meet the standards. Any student judged to have engaged in academic dishonesty in course work may receive a reduced or failing grade for the work in question and/or for the course.

Academic dishonesty includes, but is not limited to, dishonesty in quizzes, tests, or assignments; claiming credit for work not done or done by others; hindering the academic work of other students; misrepresenting academic or professional qualifications within or without the University; and nondisclosure or misrepresentation in filling out applications or other University records.

Other Items:

Attendance and Expectations

All students are required to attend every class, except in cases of illness, serious family concerns, or other major problems. We expect that students will arrive on time, be prepared to listen and participate as appropriate, and stay for the duration of a meeting rather than drift in or out casually. In short, we anticipate that students will show professors and fellow students maximum consideration by minimizing the disturbances that cause interruptions in the learning process. This means that punctuality is a must, that cellular phones be turned off, and that courtesy is the

guiding principle in all exchanges among students and faculty. You will be responsible for the materials and ideas presented in the lecture.

Assignment Due Dates

All written assignments must be turned in at the time specified. Late assignments will not be accepted unless prior information has been obtained from the instructor. If you believe you have extenuating circumstances, please contact the instructor as soon as possible.

Make-Up Work

The instructor will not provide students with class information or make-up assignments/quizzes/exams missed due to an unexcused absence. Absences will be excused and assignments/quizzes/exams may be made up only with written documentation of an authorized absence. Every effort should be made to avoid scheduling appointments during class. An excused student is responsible for requesting any missed information from the instructor and setting up any necessary appointments outside of class.

Access, Special Needs and Disabilities

Please notify the instructor at the start of the semester if you have any documented disabilities, a medical issue, or any special circumstances that require attention, and the school will be happy to assist.